

Position	Name	Time	Club	Category	Category Pos.	Gender	Swim	T1	Cycle	T2	Run
1	No Pain No Gain	0:52:45		MTeam	1	Male Team	0:05:53	0:00:49	0:28:03	0:00:57	0:17:01
2	Team Coy	0:53:42	LBT	MTeam	2	Male Team	0:06:53	0:00:48	0:27:56	0:00:35	0:17:29
3	Team Bednarek	0:55:40		MTeam	3	Male Team	0:06:52	0:00:58	0:28:26	0:00:42	0:18:41
4	3 Fast 3 Furious	0:56:18	LBT	MTeam	4	Male Team	0:07:48	0:00:59	0:28:21	0:00:45	0:18:23
5	Tom Linton-Neal	0:56:34	LBT	M20	1	Male	0:06:56	0:00:54	0:27:59	0:00:40	0:20:04
6	The Dynamic Trio	0:56:36		MixTeam	1	Mixed Team	0:08:08	0:01:00	0:27:24	0:00:40	0:19:23
7	Mark Quinn	0:57:20	Craven Energy	M30	1	Male	0:06:45	0:01:07	0:29:22	0:00:47	0:19:18
8	Mark Tobin	0:57:43	Wetherby RaTs	M40	1	Male	0:08:21	0:00:51	0:28:54	0:00:33	0:19:03
9	Robert Whitaker	0:58:08	Triangle RT	M30	2	Male	0:07:26	0:01:06	0:29:23	0:00:41	0:19:31
10	Mika Brown	0:58:11	Jackpot Racing	M20	2	Male	0:06:40	0:00:57	0:30:17	0:00:37	0:19:38
11	Richard Bewell	0:58:44	Wetherby RaTs	M50	1	Male	0:08:21	0:00:54	0:29:52	0:00:40	0:18:56
12	Paul Tiffany	0:58:51	Craven Energy	M40	2	Male	0:07:14	0:01:13	0:30:55	0:00:48	0:18:39
13	Jon Sturman	0:59:04		M40	3	Male	0:08:55	0:01:15	0:27:09	0:00:44	0:21:00
14	LBT Coaches	0:59:09	LBT	MTeam	5	Male Team	0:07:41	0:00:51	0:29:35	0:00:44	0:20:18
15	Gregan Clarkson	0:59:20		M30	3	Male	0:07:10	0:01:05	0:32:38	0:00:42	0:17:44
16	Huw Lippiatt	1:00:34		M40	4	Male	0:08:52	0:01:23	0:28:55	0:00:49	0:20:33
17	Simon Metrick	1:00:35		M40	5	Male	0:09:01	0:01:14	0:31:48	0:00:51	0:17:39
18	Kevin Moment	1:01:20	Kingfishers Tri	M40	6	Male	0:07:58	0:01:23	0:30:27	0:00:52	0:20:39
19	Hannah Riechert	1:01:23	Team Bear Tri	F20	1	Female	0:08:11	0:01:07	0:30:27	0:00:48	0:20:49
20	Andy Bedford	1:01:38		M30	4	Male	0:09:04	0:01:02	0:30:41	0:00:40	0:20:09
21	Andy Ross	1:01:41		M30	5	Male	0:08:57	0:01:24	0:30:01	0:00:48	0:20:30
22	Chris Tinker	1:01:53	LBT	M30	6	Male	0:08:53	0:01:07	0:30:34	0:00:45	0:20:32
23	Charles Lines	1:02:15	Blue Lagooners	M50	2	Male	0:09:19	0:01:01	0:31:01	0:00:55	0:19:58
24	Peter Harrison	1:02:18	Craven Energy	M40	7	Male	0:07:52	0:01:02	0:30:39	0:00:52	0:21:52
25	George Schreuder	1:02:50	Uni Bham Tri	M20	3	Male	0:07:50	0:01:09	0:31:57	0:00:51	0:21:02
26	James Bye	1:03:21		M30	7	Male	0:09:15	0:01:15	0:30:51	0:00:58	0:21:02
27	Simon Burnley	1:03:21	Kingfishers Tri	M40	8	Male	0:08:46	0:01:10	0:31:01	0:00:58	0:21:25
28	Michael Lomas	1:03:23		M20	4	Male	0:10:14	0:01:42	0:29:54	0:00:44	0:20:49
29	Angela Knowles	1:03:35	Craven Energy	F30	1	Female	0:08:00	0:02:17	0:31:56	0:00:40	0:20:41
30	Matthew Wilson	1:04:15	Jackpot Racing	M20	5	Male	0:08:16	0:01:37	0:30:00	0:01:16	0:23:03
31	Ben Still	1:04:22		M40	9	Male	0:10:10	0:02:10	0:30:22	0:00:54	0:20:45
32	Ian Legg	1:04:30	Wetherby RaTs	M50	3	Male	0:08:56	0:01:00	0:31:54	0:00:49	0:21:49
33	Will Rowe	1:04:37		MYJ	1	Male	0:10:43	0:01:10	0:31:57	0:00:48	0:19:58
34	John Aperghis	1:04:37		M40	10	Male	0:07:38	0:02:21	0:31:37	0:01:07	0:21:53
35	Emily Legg	1:04:39	Wetherby RaTs	F20	2	Female	0:07:21	0:01:07	0:32:42	0:00:43	0:22:45
36	Gill Edmondson	1:04:52	Wetherby RaTs	F40	1	Female	0:09:29	0:01:20	0:31:00	0:00:58	0:22:03
37	Ian Kitching	1:05:06	LBT	M50	4	Male	0:09:29	0:01:09	0:30:59	0:00:44	0:22:43
38	Vernon Long	1:05:20	Valley Striders Tri	M40	11	Male	0:10:10	0:01:22	0:31:16	0:00:46	0:21:45
39	Neil Holloway	1:05:45	LBT	M40	12	Male	0:10:04	0:01:07	0:31:31	0:00:56	0:22:06
40	Sarah Jones	1:06:24		MixTeam	2	Mixed Team	0:08:47	0:01:17	0:34:43	0:00:45	0:20:50
41	Team Co-Op	1:06:30		MixTeam	3	Mixed Team	0:06:54	0:01:23	0:34:49	0:01:00	0:22:22
42	Danny Thompson	1:06:32		M30	8	Male	0:06:54	0:01:29	0:34:12	0:01:07	0:22:49
43	Chris Jones	1:06:42		M40	13	Male	0:10:01	0:02:04	0:32:13	0:01:01	0:21:22
44	Richard Hammond	1:06:58	British Army	M30	9	Male	0:09:34	0:01:07	0:33:15	0:00:48	0:22:12
45	Michael Lawrenson	1:07:16		M40	14	Male	0:10:48	0:03:04	0:29:10	0:01:11	0:23:03
46	Naomi Elliott	1:07:18	Uni Bham Tri	F20	3	Female	0:08:08	0:00:58	0:35:17	0:00:47	0:22:06
47	Matthew Kirtland	1:07:33		M20	6	Male	0:09:01	0:03:00	0:32:03	0:01:12	0:22:16

48	Rachel Mckay	1:07:47		F30	2	Female	0:07:44	0:01:08	0:35:05	0:00:40	0:23:09
49	Jemima Elgood	1:07:56		FYJ	1	Female	0:08:49	0:01:28	0:34:48	0:01:10	0:21:39
50	David Howe	1:07:57		M40	15	Male	0:09:24	0:01:12	0:33:55	0:00:53	0:22:32
51	Andrew Overend	1:08:03		M40	16	Male	0:09:52	0:01:29	0:36:32	0:00:38	0:19:31
52	Gary Hatch	1:08:11	LBT	M50	5	Male	0:10:18	0:01:22	0:32:58	0:00:50	0:22:42
53	Emma Stoney	1:08:11		F30	3	Female	0:09:04	0:02:12	0:34:30	0:00:53	0:21:31
54	Jacob Jackson	1:08:13	Craven Energy	MYJ	2	Male	0:08:31	0:02:16	0:35:14	0:00:43	0:21:27
55	Jez Burnham	1:08:18	LBT	M40	17	Male	0:11:36	0:01:40	0:32:09	0:00:58	0:21:55
56	Oliver Gregory	1:08:41	Tri BB	M30	10	Male	0:11:15	0:02:01	0:33:40	0:01:16	0:20:28
57	Grant Potts	1:08:44		M40	18	Male	0:10:14	0:02:00	0:32:44	0:01:22	0:22:22
58	Nolan Tucker	1:09:11		M40	19	Male	0:09:10	0:01:47	0:34:50	0:00:54	0:22:29
59	Patrick Garry	1:09:16	Wakefield Tri	M40	20	Male	0:08:49	0:01:36	0:34:30	0:00:52	0:23:28
60	Jane Mccarthy	1:09:22		F40	2	Female	0:11:43	0:01:20	0:34:31	0:01:01	0:20:46
61	Steve Risdon	1:09:27		M30	11	Male					
62	Matthew Scholefield	1:09:27		M20	7	Male	0:10:18	0:02:16	0:33:52	0:01:03	0:21:55
63	Simon Jackson	1:09:37		M40	21	Male	0:09:05	0:01:19	0:34:12	0:01:11	0:23:48
64	John Gilbertson	1:09:41		M30	12	Male	0:09:23	0:01:33	0:34:38	0:01:07	0:22:58
65	Simon Williams	1:09:50	Ritz Rebels	M50	6	Male	0:08:54	0:02:49	0:33:48	0:01:00	0:23:18
66	Leigh Marklew	1:09:57	LBT	M40	22	Male	0:08:20	0:02:01	0:33:40	0:01:14	0:24:41
67	Robin Burton	1:09:59		M30	13	Male	0:08:50	0:01:34	0:36:27	0:01:17	0:21:50
68	Tom Grady	1:10:01	Team Veganuary	M40	23	Male	0:11:39	0:01:21	0:33:39	0:00:50	0:22:31
69	James Gray	1:10:12		M20	8	Male	0:13:30	0:03:13	0:32:23	0:01:30	0:19:34
70	Triple H	1:10:18		MixTeam	4	Mixed Team	0:08:48	0:01:23	0:34:54	0:00:51	0:24:21
71	Chris Burt	1:10:24		M50	7	Male	0:10:40	0:01:36	0:32:41	0:00:54	0:24:32
72	Shaun Harrison	1:10:24	Craven Energy	M40	24	Male	0:11:55	0:03:47	0:26:17	0:01:03	0:27:21
73	Roger Tilbrook	1:10:34	LBT	M50	8	Male	0:08:45	0:02:55	0:33:34	0:00:43	0:24:36
74	Tim Whincup	1:10:35		M20	9	Male	0:09:21	0:01:46	0:34:22	0:00:57	0:24:08
75	Chris Tutin	1:10:40		M30	14	Male	0:07:44	0:01:52	0:33:51	0:01:24	0:25:48
76	Anna Hobbs	1:10:43	Valley Striders Tri	F30	4	Female	0:08:13	0:02:53	0:33:23	0:00:48	0:25:25
77	Tri-Ing To Beat Matt	1:10:47		MixTeam	5	Mixed	0:08:25	0:02:57	0:34:22	0:01:03	0:23:59
78	David Sharp	1:10:48		M30	15	Male	0:09:30	0:02:48	0:34:13	0:01:15	0:23:01
79	Dan Blackburn	1:10:51	LBT	M30	16	Male	0:10:51	0:01:14	0:34:44	0:01:06	0:22:54
80	Robert Henson	1:11:12		M40	25	Male	0:09:06	0:02:40	0:34:58	0:01:09	0:23:18
81	Richard Ling	1:11:16		M30	17	Male	0:08:57	0:01:33	0:35:22	0:00:45	0:24:37
82	Richard Wade	1:11:17		M40	26	Male	0:08:57	0:02:56	0:34:52	0:01:08	0:23:23
83	Chris Martin	1:11:31	Wetherby RaTs	M40	27	Male	0:12:08	0:01:25	0:33:46	0:01:05	0:23:06
84	Bob Johnston	1:11:38	LBT	M60	1	Male	0:11:53	0:01:35	0:32:58	0:01:04	0:24:06
85	Harris Hurriers	1:11:40		MixTeam	6	Mixed Team	0:08:22	0:02:57	0:32:20	0:00:44	0:27:16
86	Josh Hobson	1:11:46	Tri London	M20	10	Male	0:07:54	0:01:30	0:36:33	0:00:51	0:24:55
87	Christopher Stott	1:11:52	LBT	M30	18	Male	0:11:00	0:01:30	0:34:54	0:01:05	0:23:21
88	Richard Leach	1:11:53		M40	28	Male	0:09:17	0:01:50	0:34:27	0:01:13	0:25:04
89	Phil Berry	1:11:57		M40	29	Male	0:09:12	0:02:47	0:33:04	0:01:12	0:25:40
90	Mark Whitley	1:11:59		M20	11	Male	0:09:02	0:01:52	0:37:57	0:00:50	0:22:18
91	Richard Wilson	1:12:02		M40	30	Male	0:11:23	0:01:38	0:33:57	0:00:57	0:24:06
92	Nick Rose	1:12:05	LBT	M30	19	Male	0:09:57	0:01:56	0:35:27	0:01:12	0:23:31
93	Carol Young	1:12:05	LBT	F50	1	Female	0:09:17	0:01:15	0:33:50	0:01:07	0:26:34
94	Steven Jackson	1:12:15	RacingTNT Tri	M40	31	Male	0:12:21	0:01:38	0:32:00	0:01:05	0:25:10
95	Richard Eccles	1:12:21		M40	32	Male	0:08:54	0:01:48	0:36:00	0:01:14	0:24:24

96	John Hayes	1:12:33	Ilkley Harriers	M40	33	Male	0:09:35	0:02:35	0:37:24	0:01:02	0:21:56
97	Laurence Bailey	1:12:35		M60	2	Male	0:11:11	0:01:22	0:32:51	0:01:28	0:25:41
98	Matt Carr	1:12:40		M20	12	Male	0:08:23	0:02:56	0:33:44	0:01:15	0:26:21
99	Phil Bishop	1:12:45		M40	34	Male	0:10:44	0:01:40	0:36:20	0:01:01	0:22:59
100	Adrian Lister	1:12:59		M30	20	Male	0:13:56	0:02:07	0:32:58	0:00:57	0:22:59
101	Tom Lorryman	1:13:11		M30	21	Male	0:08:52	0:01:36	0:34:58	0:01:03	0:26:41
102	Janet Grace	1:13:17	LBT	F50	2	Female	0:10:47	0:01:40	0:34:03	0:01:04	0:25:41
103	James Whincup	1:13:21		M20	13	Male	0:09:40	0:01:28	0:34:14	0:01:13	0:26:44
104	James Hulme	1:13:22		M20	14	Male	0:09:41	0:01:32	0:34:07	0:01:12	0:26:49
105	Peter Stone	1:13:24		M40	35	Male	0:12:19	0:01:13	0:33:06	0:00:55	0:25:49
106	Lukas Sutcliffe	1:13:28		M20	15	Male	0:08:39	0:01:17	0:35:51	0:01:00	0:26:40
107	John Hunt	1:13:30		M40	36	Male	0:10:08	0:01:41	0:34:50	0:01:23	0:25:26
108	Mark Twitchett	1:13:31	LBT	M40	37	Male	0:10:02	0:01:36	0:36:14	0:01:25	0:24:13
109	Peter Vernon	1:13:32		M40	38	Male	0:09:47	0:01:28	0:36:04	0:01:13	0:24:57
110	Daniel Rogers	1:13:35		M40	39	Male	0:10:24	0:02:13	0:34:22	0:01:17	0:25:17
111	Mark Elam	1:13:37		M40	40	Male	0:10:09	0:02:53	0:36:01	0:00:52	0:23:41
112	Christina Raeuber	1:13:39	LBT	F30	5	Female	0:08:51	0:01:38	0:36:41	0:01:26	0:25:02
113	Daniel Shorrocks	1:13:41		M40	41	Male	0:10:32	0:01:29	0:37:17	0:00:51	0:23:31
114	Mathew Jackson	1:13:42		MYJ	3	Male	0:10:30	0:02:45	0:34:07	0:01:04	0:25:16
115	Adam Willoughby	1:13:43		M20	16	Male	0:09:58	0:02:05	0:36:05	0:01:08	0:24:26
116	Iain Cornish	1:13:56	LBT	M50	9	Male	0:13:06	0:02:04	0:33:25	0:01:30	0:23:49
117	Mark Gilhooly	1:13:56		M30	22	Male	0:07:48	0:02:12	0:37:43	0:01:38	0:24:33
118	Steven Hubbard	1:14:00		M40	42	Male	0:09:57	0:01:51	0:34:41	0:00:50	0:26:40
119	Kingsley Melville	1:14:02		M40	43	Male	0:08:30	0:02:05	0:34:23	0:01:20	0:27:42
120	Gavin Rae	1:14:05		M40	44	Male	0:11:33	0:01:57	0:34:21	0:01:30	0:24:42
121	Eric Hawthorn	1:14:18		M50	10	Male	0:08:43	0:02:06	0:36:28	0:01:42	0:25:17
122	Paul Woodman	1:14:41		M50	11	Male	0:09:29	0:01:53	0:34:31	0:01:11	0:27:35
123	Damien Pearson	1:14:42	Stainland Lions	M30	23	Male	0:12:29	0:02:17	0:34:44	0:01:33	0:23:37
124	Ian Lawrence	1:14:44		M50	12	Male	0:12:49	0:01:44	0:33:41	0:01:17	0:25:12
125	Chris Dick	1:14:46		M20	17	Male	0:10:11	0:02:16	0:38:31	0:01:26	0:22:21
126	Elizabeth Crosland	1:14:47		F40	3	Female	0:13:01	0:01:14	0:36:11	0:01:05	0:23:14
127	Peter Hayes	1:14:48	Swimhikers	M50	13	Male	0:09:59	0:02:51	0:38:08	0:00:47	0:23:03
128	Damian Holt	1:14:49		M60	3	Male	0:10:51	0:02:08	0:35:36	0:01:35	0:24:37
129	Sharon Cousen	1:14:49	Team Bear Tri	F40	4	Male	0:08:56	0:01:49	0:35:59	0:01:58	0:26:05
130	Peter Rowe	1:14:57		M50	14	Male	0:11:31	0:01:48	0:35:19	0:01:08	0:25:10
131	Alec Graham	1:15:05		MYJ	4	Male	0:07:58	0:02:54	0:37:06	0:01:07	0:25:59
132	Mark Fardon	1:15:10		M40	45	Male	0:10:34	0:01:15	0:35:48	0:00:53	0:26:38
133	Adrian Land	1:15:16		M40	46	Male	0:13:57	0:04:14	0:34:00	0:02:05	0:20:59
134	Judy Bewell	1:15:18	Wetherby RaTs	F50	3	Female	0:09:21	0:01:10	0:37:10	0:00:52	0:26:44
135	Julia Day	1:15:24		F40	5	Female	0:09:36	0:02:08	0:36:50	0:00:58	0:25:51
136	Tom Still	1:15:25		MYJ	5	Male	0:10:38	0:02:49	0:33:59	0:01:16	0:26:41
137	Andrew Whiteside	1:15:26		M40	47	Male	0:12:32	0:02:07	0:32:18	0:01:21	0:27:07
138	Jo Heffernan	1:15:35	LBT	F30	6	Female	0:09:22	0:01:44	0:37:34	0:01:07	0:25:46
139	Richard Morris	1:15:39		M50	15	Male	0:10:30	0:02:41	0:37:06	0:00:58	0:24:23
140	Richard Haigh	1:15:45		M40	48	Male	0:09:13	0:01:58	0:39:44	0:01:16	0:23:32
141	Martin Pearson	1:15:55	Wakefield Tri	M40	49	Male	0:11:33	0:01:33	0:37:29	0:01:03	0:24:16
142	Andy Bewell	1:16:03		M40	50	Male	0:09:19	0:01:09	0:38:08	0:00:55	0:26:31
143	Charlotte Whincup	1:16:10		F20	4	Female	0:09:12	0:01:47	0:36:12	0:01:06	0:27:52

144	2H&V	1:16:12		FTeam	1	Female Team	0:08:16	0:02:55	0:38:33	0:01:21	0:25:07
145	Harry Sime	1:16:13		M50	16	Male	0:10:44	0:02:39	0:37:04	0:01:31	0:24:14
146	Nick Winterbottom	1:16:14		M40	51	Male	0:11:59	0:02:46	0:37:51	0:01:05	0:22:31
147	Ilkley Grammar School PE	1:16:14		FTeam	2	Female Team	0:12:24	0:01:02	0:35:37	0:00:41	0:26:29
148	Dai Powell	1:16:15		M30	24	Male	0:08:43	0:01:29	0:37:54	0:01:08	0:27:00
149	Simon Padfield	1:16:17	LBT	M40	52	Male	0:10:12	0:02:39	0:38:58	0:01:11	0:23:15
150	Westons	1:16:19		MixTeam	7	Mixed Team	0:12:08	0:02:51	0:34:37	0:01:05	0:25:36
151	Ethan Thompson	1:16:20		MYJ	6	Male	0:11:01	0:02:27	0:36:25	0:00:46	0:25:39
152	Lucy Jacques	1:16:27		FYJ	2	Female	0:08:19	0:02:59	0:37:14	0:00:49	0:27:04
153	Daniel Chicot	1:16:31		M40	53	Male	0:12:09	0:02:50	0:36:28	0:01:23	0:23:39
154	Paul Craggs	1:16:52	LBT	M40	54	Male	0:10:31	0:01:26	0:36:38	0:01:18	0:26:58
155	Rob Glenton	1:16:55		M20	18	Male	0:10:57	0:02:04	0:36:08	0:01:36	0:26:09
156	Martin Sutcliffe	1:16:55	Valley Striders Tri	M30	25	Male	0:10:26	0:01:56	0:35:32	0:01:27	0:27:33
157	Rachel Roberts	1:16:56		F30	7	Female	0:12:26	0:02:50	0:37:28	0:01:05	0:23:04
158	Alex Turnbull	1:16:57	LBT	M40	55	Male	0:08:45	0:02:06	0:38:11	0:01:00	0:26:55
159	Richard O'flynn	1:17:03		M40	56	Male	0:12:30	0:02:08	0:36:29	0:00:52	0:25:03
160	Trevor Hirst	1:17:04		M50	17	Male	0:12:07	0:01:44	0:36:37	0:00:59	0:25:35
161	Scott Speedsters	1:17:23	LBT	MixTeam	8	Mixed Team	0:11:57	0:01:03	0:38:58	0:00:45	0:24:39
162	Maddie Turner	1:17:24		FYJ	3	Female	0:08:30	0:01:45	0:39:08	0:00:41	0:27:18
163	Michael Tinker	1:17:47	Valley Striders Tri	M60	4	Male	0:11:49	0:01:39	0:37:30	0:01:20	0:25:28
164	Ian Scholefield	1:17:57		M40	57	Male	0:12:38	0:02:27	0:35:32	0:01:41	0:25:38
165	Kevin Nicholas	1:18:03	LBT	M50	18	Male	0:13:40	0:02:21	0:38:01	0:01:23	0:22:36
166	Dutton-Fisher	1:18:16		MixTeam	9	Mixed Team	0:12:25	0:01:30	0:38:46	0:01:21	0:24:13
167	Phil Hall	1:18:17		M60	5	Male	0:13:28	0:01:40	0:35:28	0:01:17	0:26:23
168	Clive Whittaker	1:18:43		M60	6	Male	0:10:02	0:01:49	0:38:29	0:01:29	0:26:51
169	James Dale	1:18:55		M50	19	Male	0:11:21	0:02:45	0:36:49	0:01:33	0:26:25
170	Joe Hepworth	1:18:55		M30	26	Male	0:12:50	0:01:49	0:37:02	0:00:55	0:26:17
171	Henry Fulton	1:18:59		M20	19	Male	0:08:40	0:02:30	0:41:02	0:01:37	0:25:08
172	Angela Reeve	1:19:08	Wetherby RaTs	F30	8	Female	0:10:14	0:02:58	0:41:40	0:01:59	0:22:15
173	Peter Myers	1:19:09		M50	20	Male	0:10:59	0:01:53	0:37:51	0:01:18	0:27:06
174	Gaenor Coy	1:19:11	LBT	F40	6	Female	0:10:39	0:01:24	0:39:21	0:01:04	0:26:42
175	Charlotte Wrigley	1:19:18	RacingTNT Tri	F30	9	Female	0:11:29	0:01:59	0:36:03	0:01:06	0:28:39
176	Charles Cudworth	1:19:21		M40	58	Male	0:09:30	0:03:16	0:40:05	0:01:15	0:25:14
177	Peter Scott	1:19:21		M40	59	Male	0:09:35	0:01:25	0:38:17	0:01:13	0:28:49
178	Katie Moore	1:19:25		F30	10	Female	0:12:36	0:02:52	0:38:28	0:01:39	0:23:49
179	Richard Mitchell	1:19:28		M40	60	Male					
180	Andrew Dean	1:19:45	LBT	M40	61	Male	0:11:46	0:02:10	0:39:07	0:00:57	0:25:45
181	Elizabeth Austen	1:19:51		F30	11	Female	0:12:52	0:01:21	0:38:07	0:01:01	0:26:29
182	Chloe Hirst	1:19:53		F20	5	Female	0:11:35	0:01:24	0:41:19	0:01:14	0:24:20
183	Lee Shackleton	1:20:07		F40	7	Female	0:11:09	0:02:13	0:38:27	0:00:57	0:27:20
184	Nicola Eccles	1:20:10		F40	8	Female	0:10:58	0:01:43	0:38:01	0:01:39	0:27:47
185	Andrew Colman	1:20:24		M40	62	Male	0:11:14	0:03:21	0:38:08	0:00:58	0:26:41
186	Morna Barker	1:20:33		F40	9	Female	0:09:41	0:02:08	0:40:50	0:00:55	0:26:58
187	Andrew Horne	1:20:35		M50	21	Male	0:08:51	0:01:30	0:40:03	0:01:22	0:28:48
188	Robert Budding	1:20:47		M50	22	Male	0:12:50	0:02:56	0:38:51	0:01:20	0:24:49
189	Ellen Clarke	1:20:53		F50	4	Female	0:12:53	0:01:35	0:38:14	0:01:15	0:26:54
190	Mark Seddon	1:21:09		M40	63	Male	0:10:03	0:02:04	0:38:57	0:01:15	0:28:48
191	Martin Campbell	1:21:17		M40	64	Male	0:11:52	0:02:04	0:39:43	0:01:01	0:26:36

192	Kate Limbert	1:21:20		F40	10	Female	0:10:46	0:02:18	0:40:25	0:00:56	0:26:54
193	Elizabeth Risdon	1:21:24		F40	11	Female	0:12:34	0:02:04	0:37:52	0:01:30	0:27:24
194	Helen Still	1:21:26		FYJ	4	Female	0:09:30	0:02:38	0:39:55	0:01:19	0:28:04
195	Clare Hensman	1:21:28	LBT	F30	12	Female	0:10:13	0:02:33	0:41:58	0:01:17	0:25:24
196	The Lovely Ladies	1:21:28		FTeam	3	Female Team	0:12:04	0:01:15	0:42:46	0:01:38	0:23:44
197	Simon Hardy	1:21:29		M40	65	Male	0:10:11	0:03:15	0:40:29	0:01:36	0:25:57
198	Sarah Culkin	1:21:33		F30	13	Female	0:13:38	0:01:32	0:39:10	0:01:06	0:26:05
199	Graham Pollard	1:21:37	LBT	M40	66	Male	0:12:10	0:01:56	0:38:27	0:01:24	0:27:39
200	Sophie Johnstone	1:21:38	Valley Striders Tri	F40	12	Female	0:09:45	0:02:05	0:43:57	0:01:20	0:24:29
201	David Matthewman	1:21:41	Charnwood Tri Club	M30	27	Male	0:09:50	0:01:50	0:43:25	0:01:11	0:25:24
202	Sue Harris	1:21:53		F40	13	Female	0:09:34	0:02:21	0:40:43	0:00:55	0:28:19
203	Gary Pennington	1:22:34	LBT	M50	23	Male	0:12:27	0:02:58	0:39:48	0:01:41	0:25:38
204	James Sykes	1:22:35		M40	67	Male	0:11:07	0:01:54	0:37:01	0:01:22	0:31:09
205	Sasha Kitching	1:22:38	LBT	FYJ	5	Female	0:09:08	0:01:14	0:38:39	0:00:44	0:32:51
206	James Mitchell	1:22:43		M30	28	Male	0:11:36	0:02:17	0:38:41	0:01:38	0:28:29
207	Louise Airey	1:22:50	LBT	F30	14	Female	0:12:18	0:02:09	0:40:19	0:01:01	0:27:02
208	Alex Dunn	1:22:59	LBT	M40	68	Male	0:10:36	0:01:56	0:42:31	0:01:13	0:26:42
209	Catherine Charlton	1:23:23		F30	15	Female	0:11:31	0:02:40	0:40:18	0:01:08	0:27:44
210	Drew Ward	1:23:28		M60	7	Male	0:10:30	0:03:19	0:41:55	0:00:55	0:26:48
211	Kirsty Moon	1:23:34		F40	14	Female	0:12:48	0:02:40	0:42:32	0:00:54	0:24:39
212	David Mitchell	1:23:34		M30	29	Male	0:10:25	0:02:49	0:48:55	0:01:02	0:20:22
213	Richard Smith	1:24:17		M40	69	Male	0:15:42	0:02:38	0:40:41	0:01:28	0:23:47
214	Damian Jones	1:24:24		M40	70	Male	0:10:56	0:03:36	0:37:20	0:01:58	0:30:32
215	Karen Pearson	1:24:34	Wakefield Tri	F30	16	Female	0:10:41	0:01:41	0:41:35	0:01:01	0:29:34
216	Kate Hayes	1:24:38	Craven Energy	F40	15	Female	0:12:00	0:01:51	0:41:12	0:01:13	0:28:21
217	Chris Burrell	1:24:41		M50	24	Male	0:11:32	0:02:06	0:41:04	0:00:56	0:29:02
218	Sergio Cazador	1:24:55	Tri BB	M30	30	Male	0:12:06	0:03:18	0:42:45	0:01:07	0:25:38
219	Owen Higgs	1:24:56		M40	71	Male	0:12:58	0:02:50	0:39:55	0:01:23	0:27:47
220	Dan Whitaker	1:24:58		M40	72	Male	0:12:38	0:02:31	0:41:43	0:00:52	0:27:13
221	Christine Smith	1:25:07	LBT	F40	16	Female	0:12:17	0:01:59	0:40:19	0:01:26	0:29:05
222	Hanna Latty	1:25:07		F30	17	Female	0:11:33	0:02:52	0:40:23	0:01:09	0:29:09
223	Alexa Cook	1:25:11	LBT	F30	18	Female	0:10:26	0:02:16	0:40:58	0:01:31	0:29:59
224	Michael Simpson	1:25:13		M50	25	Male	0:10:58	0:02:55	0:38:16	0:01:46	0:31:17
225	David Sembol	1:25:23		M40	73	Male	0:08:48	0:02:16	0:41:58	0:02:05	0:30:14
226	Lee Hamblin	1:25:24		M40	74	Male	0:12:42	0:02:33	0:38:32	0:01:26	0:30:10
227	David Scott	1:25:26		M40	75	Male	0:11:40	0:02:44	0:40:24	0:01:35	0:29:02
228	Charles Robinson	1:25:28		M40	76	Male	0:15:37	0:03:56	0:39:33	0:01:18	0:25:03
229	Jane Hedley	1:25:30		F40	17	Female	0:11:34	0:02:09	0:43:00	0:01:27	0:27:19
230	Nick Edge	1:25:32		M40	77	Male	0:11:47	0:02:38	0:40:56	0:01:41	0:28:29
231	James Waddington	1:25:33		M30	31	Male	0:12:15	0:02:02	0:41:50	0:01:15	0:28:09
232	Peter Robinson	1:25:38		M30	32	Male	0:13:31	0:03:17	0:39:16	0:01:35	0:27:58
233	Howard Barton	1:25:43		M30	33	Male	0:12:30	0:02:21	0:41:51	0:01:28	0:27:33
234	Dan Stapleton	1:25:53		M40	78	Male	0:10:12	0:02:02	0:39:39	0:03:02	0:30:56
235	Worth A Tri	1:26:05		FTeam	4	Female Team	0:09:35	0:01:27	0:46:49	0:00:57	0:27:15
236	Fiona Hogg	1:26:11		F40	18	Female	0:11:47	0:02:18	0:40:49	0:01:36	0:29:39
237	Richard Owen	1:26:20		M40	79	Male	0:12:28	0:02:39	0:39:43	0:01:19	0:30:09
238	Catherine Boyle	1:26:41		FYJ	6	Female	0:12:42	0:02:49	0:41:40	0:01:48	0:27:41
239	Mishmash	1:27:00		MixTeam	10	Mixed Team	0:07:11	0:01:40	0:40:40	0:01:13	0:36:16

240	Martin Cockerham	1:27:01		M60	8	Male	0:11:38	0:02:21	0:40:07	0:02:13	0:30:41
241	Clive Grimshaw	1:27:07		M50	26	Male	0:14:54	0:02:55	0:41:08	0:01:02	0:27:06
242	Free Rangers 2	1:27:15		MixTeam	11	Mixed Team	0:13:01	0:01:22	0:50:20	0:00:47	0:21:43
243	Jo Dean	1:27:19	LBT	F40	19	Female	0:11:18	0:02:03	0:43:15	0:01:09	0:29:33
244	Mark Steel	1:27:40		M50	27	Male	0:13:58	0:02:48	0:40:30	0:01:27	0:28:55
245	Team Liddell	1:27:43		MixTeam	12	Mixed Team	0:14:34	0:01:28	0:44:40	0:00:55	0:26:04
246	Alan Teasdale	1:27:55		M30	34	Male	0:08:36	0:02:38	0:46:49	0:01:14	0:28:37
247	Liam Walsh	1:27:57		M40	80	Male	0:15:33	0:02:27	0:38:34	0:01:46	0:29:36
248	Free Rangers 1	1:27:57		MixTeam	13	Mixed	0:13:00	0:01:25	0:37:48	0:00:54	0:34:49
249	Rob Fisher	1:28:01		M50	28	Male	0:15:56	0:03:11	0:39:03	0:01:52	0:27:57
250	Mark Aked	1:28:17		M40	81	Male	0:11:30	0:03:02	0:42:54	0:01:28	0:29:21
251	Hilda Coulese	1:28:32		F60	1	Female	0:14:08	0:02:04	0:43:46	0:01:11	0:27:22
252	Mike Page	1:28:36		M50	29	Male	0:13:40	0:02:55	0:42:14	0:00:52	0:28:53
253	Stuart Harris	1:28:44		M30	35	Male	0:10:52	0:03:20	0:43:41	0:02:48	0:28:01
254	Julie Todd	1:29:08		F30	19	Female	0:13:50	0:02:39	0:42:58	0:00:59	0:28:41
255	Phil Lewis	1:29:08		M30	36	Male	0:11:36	0:03:20	0:42:47	0:00:57	0:30:26
256	Samantha Boryslawsky	1:29:15		F30	20	Female	0:14:19	0:02:54	0:44:07	0:00:58	0:26:56
257	Oliver Anderson	1:29:40		M40	82	Male	0:14:12	0:01:52	0:32:07	0:01:42	0:39:45
258	Chris Hogg	1:29:55		M40	83	Male	0:13:39	0:02:08	0:44:08	0:01:34	0:28:25
259	Daniel Snedden	1:29:58		M40	84	Male	0:12:56	0:05:17	0:43:32	0:01:06	0:27:06
260	Kristy O'connor	1:30:02		F30	21	Female	0:10:28	0:02:49	0:45:54	0:01:02	0:29:48
261	Aire Legs	1:30:10		MixTeam	14	Mixed Team	0:09:54	0:01:57	0:48:31	0:01:14	0:28:33
262	Stefan Lytwyn	1:30:28		M50	30	Male	0:11:19	0:02:36	0:42:19	0:02:21	0:31:50
263	Becky Turner	1:30:35		F40	20	Female	0:11:33	0:01:57	0:43:59	0:00:59	0:32:06
264	Helen Downie	1:30:37	Valley Striders Tri	F40	21	Female	0:10:01	0:02:07	0:46:43	0:00:53	0:30:52
265	The Dream Team	1:30:37		FTeam	5	Female Team	0:16:07	0:01:52	0:44:30	0:01:12	0:26:55
266	George Day	1:30:47		M20	20	Male	0:16:51	0:01:17	0:46:17	0:00:43	0:25:38
267	Diana Marklew	1:30:50	LBT	F40	22	Female	0:10:45	0:02:23	0:44:05	0:01:28	0:32:09
268	Elliot Nolan	1:30:55		M40	85	Male	0:15:30	0:02:55	0:41:18	0:02:02	0:29:09
269	Carolyn Snellgrove	1:31:07		F30	22	Female	0:14:59	0:02:56	0:41:22	0:01:09	0:30:40
270	Colin Matthewman	1:31:18		M50	31	Male	0:10:31	0:02:52	0:43:47	0:01:31	0:32:36
271	Jennette White	1:31:25		F30	23	Female	0:08:38	0:02:22	0:48:38	0:01:03	0:30:44
272	Karen Butler	1:31:40		F40	23	Female	0:11:39	0:03:38	0:42:43	0:01:46	0:31:53
273	Ed Northway	1:31:44		M40	86	Male	0:13:55	0:02:54	0:45:32	0:01:15	0:28:07
274	Laura Smith	1:32:00	Tri BB	F30	24	Female	0:12:22	0:01:48	0:43:38	0:01:20	0:32:50
275	Gerald Smith	1:32:01	Redway Runners	M40	87	Male	0:12:10	0:03:22	0:43:10	0:02:33	0:30:43
276	Roger Davis	1:32:13	LBT	M50	32	Male	0:17:01	0:01:58	0:43:02	0:01:36	0:28:35
277	Alice Downes	1:32:18		F40	24	Female	0:12:04	0:02:00	0:45:06	0:00:49	0:32:18
278	Melissa Owens	1:32:32	Ilkley CC	F50	5	Female	0:09:55	0:02:51	0:44:30	0:01:42	0:33:33
279	Richard Greenwood	1:32:35		M20	21	Male	0:14:44	0:02:42	0:48:53	0:00:47	0:25:28
280	Carl Akeroyd	1:32:37	LBT	M40	88	Male	0:14:49	0:02:10	0:39:29	0:02:06	0:34:02
281	Danielle Choma	1:32:44	Tri BB	F30	25	Female	0:10:51	0:02:56	0:45:42	0:01:06	0:32:08
282	Louise Robinson	1:32:48		F40	25	Female	0:12:27	0:04:22	0:45:56	0:00:51	0:29:09
283	Max Haigh	1:32:49		F40	26	Female	0:14:30	0:02:45	0:43:37	0:02:31	0:29:25
284	Chris Charlton	1:33:00		M30	37	Male	0:15:37	0:03:01	0:43:21	0:01:55	0:29:04
285	Debbie Linton	1:33:06	LBT	F50	6	Female	0:13:23	0:01:41	0:45:04	0:01:08	0:31:49
286	Anne Mccaffrey	1:33:16		F50	7	Female	0:13:49	0:03:24	0:43:38	0:01:49	0:30:35
287	Chris Weatherby	1:33:17		M30	38	Male	0:11:50	0:03:38	0:45:28	0:02:00	0:30:20

288	Diana Kaye	1:33:29		F60	2	Female	0:09:50	0:02:07	0:46:41	0:01:07	0:33:43
289	Louise Goddard	1:33:30		F40	27	Female	0:11:34	0:01:56	0:44:13	0:00:56	0:34:49
290	Chris Rowbottom	1:33:46		M40	89	Male	0:11:08	0:03:23	0:44:19	0:03:13	0:31:40
291	Hayley Reynolds	1:34:08	Tri BB	F30	26	Female	0:13:51	0:02:22	0:46:56	0:01:21	0:29:36
292	Ruth Kettle	1:34:15		F40	28	Female	0:14:13	0:02:58	0:45:14	0:01:08	0:30:40
293	Peter Farrar	1:34:23		M50	33	Male	0:16:35	0:01:45	0:42:07	0:01:15	0:32:40
294	Daniel Brazier	1:34:36		M30	39	Male	0:10:17	0:03:23	0:47:01	0:01:24	0:32:29
295	Nick Minto	1:34:44	Craven Energy	M40	90	Male	0:13:04	0:02:18	0:48:19	0:01:00	0:30:01
296	Derek Dowlen	1:35:06		M50	34	Male	0:13:30	0:02:47	0:42:15	0:02:12	0:34:22
297	James Dunmore	1:35:08		M40	91	Male	0:13:54	0:02:52	0:45:29	0:01:21	0:31:31
298	Jo Fisher	1:35:40		F50	8	Female	0:12:48	0:03:30	0:44:55	0:03:00	0:31:25
299	Jo Dent	1:35:53		F40	29	Female	0:13:52	0:01:56	0:46:41	0:01:49	0:31:34
300	Helena Gleeson	1:36:04		F40	30	Female	0:14:48	0:02:29	0:46:47	0:02:26	0:29:32
301	Lucy Thornton	1:36:22		F30	27	Female	0:14:17	0:03:59	0:47:31	0:01:05	0:29:29
302	Laura Davison	1:36:30		F30	28	Female	0:11:09	0:03:45	0:48:21	0:01:25	0:31:48
303	Peter Bryant	1:36:33		M50	35	Male	0:14:05	0:01:45	0:52:46	0:00:57	0:26:59
304	Steve Fender	1:36:38		M40	92	Male	0:16:14	0:03:38	0:47:24	0:01:48	0:27:33
305	Kevin Wardale	1:36:48	Overoptimists	M50	36	Male	0:14:36	0:03:38	0:43:40	0:01:48	0:33:05
306	Sarah Carroll	1:36:59		F30	29	Female	0:12:43	0:02:50	0:43:50	0:02:30	0:35:05
307	The Tri Harders	1:37:32		MixTeam	15	Mixed Team	0:11:32	0:01:39	0:50:01	0:01:15	0:33:04
308	Basil John Mandy	1:38:00		M60	9	Male	0:17:46	0:03:06	0:44:40	0:00:59	0:31:27
309	Vicky Palmer	1:38:51		F30	30	Female	0:11:35	0:02:20	0:45:20	0:00:57	0:38:39
310	Les Philipson	1:38:55		M60	10	Male	0:16:59	0:04:30	0:40:07	0:02:44	0:34:33
311	Mark Stageman	1:39:12		M50	37	Male	0:12:37	0:03:06	0:48:20	0:01:32	0:33:35
312	Daniel Higgins	1:39:25		M40	93	Male	0:10:41	0:04:46	0:49:48	0:01:31	0:32:38
313	Marie Sugden	1:39:26		F40	31	Female	0:15:15	0:05:39	0:47:00	0:01:31	0:29:59
314	Simon Thomas	1:39:32		M60	11	Male	0:16:31	0:03:50	0:46:37	0:02:26	0:30:07
315	Anna Linden	1:39:54		F40	32	Female	0:13:36	0:04:42	0:50:01	0:02:11	0:29:23
316	Tracey Donnelly	1:39:55		F40	33	Female	0:12:29	0:03:14	0:47:35	0:02:24	0:34:12
317	Helen Fisher	1:39:58		F30	31	Female	0:13:56	0:02:34	0:54:34	0:02:03	0:26:50
318	Jackie Bailey	1:41:19		F50	9	Female	0:13:15	0:02:23	0:53:06	0:01:12	0:31:21
319	Ruth Smith	1:41:57		F30	32	Female	0:12:07	0:03:02	0:51:23	0:01:19	0:34:04
320	Fiona Murphy	1:41:58	Halifax Harriers	F50	10	Female	0:14:21	0:03:25	0:52:23	0:01:36	0:30:12
321	Gemma Storr	1:42:58		F40	34	Female	0:17:16	0:03:30	0:50:38	0:00:56	0:30:37
322	Jennifer Ashton	1:43:01	Bramley Baths	F30	33	Female	0:11:48	0:03:23	1:02:27	0:01:23	0:23:57
323	Karen Pysden	1:43:25		F40	35	Female	0:12:58	0:03:10	0:54:46	0:01:07	0:31:22
324	Caroline Magee	1:43:33		F50	11	Female	0:16:34	0:03:13	0:47:09	0:01:36	0:35:00
325	Stephanie Jefferies	1:43:50		F30	34	Female	0:14:28	0:03:19	0:51:29	0:01:09	0:33:23
326	Janine Vipond	1:43:55		F40	36	Female	0:21:50	0:01:48	0:44:28	0:01:33	0:34:14
327	Matthew Adams	1:43:58		M30	40	Male	0:10:39	0:04:28	0:48:56	0:02:01	0:37:52
328	Sally Lynch	1:44:07		F30	35	Female	0:14:04	0:03:21	0:52:54	0:01:08	0:32:37
329	Gillian Stageman	1:45:29		F40	37	Female	0:17:21	0:03:16	0:50:42	0:01:03	0:33:06
330	Claire Gibson	1:45:44		F40	38	Female	0:14:52	0:03:11	0:52:14	0:01:46	0:33:40
331	Katy Pulleyn	1:46:00		F30	36	Female	0:12:49	0:04:30	0:48:22	0:02:31	0:37:46
332	Zach King	1:46:04	LBT	M20	22	Male	0:11:11	0:03:20	0:56:11	0:01:32	0:33:48
333	Rachel Rothschild	1:46:23	Tri BB	F30	37	Female	0:11:03	0:04:09	0:56:27	0:01:03	0:33:39
334	Pamela Irwin	1:46:49		F40	39	Female	0:12:34	0:04:53	0:57:34	0:01:41	0:30:06
335	Joanna Louise Nicholson	1:47:14	Tri BB	F30	38	Female	0:14:29	0:02:49	0:59:20	0:01:16	0:29:18

336	John Walsh	1:49:15		M50	38	Male	0:14:22	0:03:01	0:47:33	0:01:52	0:42:26
337	Helen Thompson	1:49:25		F40	40	Female	0:11:56	0:04:21	0:49:44	0:01:31	0:41:51
338	Free Rangers 3	1:51:34		MixTeam	16	Mixed Team	0:12:10	0:01:52	1:14:28	0:00:50	0:22:12
339	Caroline Storer	1:53:39	LBT	F40	41	Female	0:10:43	0:03:02	0:56:39	0:01:08	0:42:05
340	Stephen Porter	1:54:15		M50	39	Male	0:20:42	0:04:58	0:57:00	0:01:56	0:29:37
341	Laura Donald	1:54:51	Team Bear Tri	FYJ	7	Female	0:12:20	0:04:21	0:48:56	0:03:23	0:45:50
342	The Baildon Supermums	1:55:57		FTeam	6	Female Team	0:12:22	0:02:37	0:57:30	0:01:07	0:42:20
343	Steve Day	2:03:19		M60	12	Male	0:27:39	0:02:11	0:54:11	0:01:26	0:37:50
344	Liz Hooper	2:03:50		F50	12	Female	0:16:26	0:04:57	1:05:54	0:02:05	0:34:28
345	Moira Conlon	2:04:01		F50	13	Female	0:22:00	0:01:26	0:55:36	0:02:21	0:42:36
346	Peter Yates	2:17:02	LBT	M60	13	Male	0:21:53	0:02:29	1:06:56	0:01:12	0:44:30
DNF	Anthony Simpson		Craven Energy	M30		Male	0:09:13	0:01:03	0:30:19	0:00:53	
DNF	Christopher Duck		Kingfishers Tri	M40		Male	0:08:39	0:01:01			
DQ	Steve Hargreaves	1:21:49	LBT	M30		Male	0:09:05	0:02:01	0:44:44	0:00:48	0:25:10
DQ	Toby Kitching	1:01:26	LBT	MYJ		Male	0:06:56	0:00:56	0:27:48	0:00:44	0:25:00