

Position	Name	Time	Club	Category	Swim	Bike	Run
1	Graham Pearce	0:54:46	Crosstrax	M20	0:08:38	0:28:18	0:17:50
2	Jason Newsome	0:55:56	f4t coaching	M30	0:07:55	0:29:20	0:18:41
3	Richard Bewell	0:57:10	Wetherby Runners AC	M40	0:07:47	0:30:29	0:18:54
4	Richard Hamilton	0:57:21	LBT	M30	0:08:34	0:28:59	0:19:48
5	Jonty Bright	0:57:49	LBT Boneshakers	M30	0:09:04	0:28:51	0:19:54
6	The Hobos	0:58:36		Team	0:07:56	0:30:01	0:20:39
7	Team GoldAndeNear	0:59:29		Team	0:07:49	0:31:46	0:19:54
8	Renee Saxton	0:59:44	LBT	F20	0:07:47	0:30:18	0:21:39
9	Ralph Tench	1:00:16	Ilkley Harriers	M40	0:08:41	0:30:53	0:20:42
10	Dan Harman	1:00:47	LBT	M30	0:09:24	0:31:26	0:19:57
11	Colin Semple	1:00:50	Tri-Lakeland	M40	0:08:12	0:31:33	0:21:05
12	Guy Willard	1:02:12	Wakefield Triathlon Club	M40	0:08:20	0:31:18	0:22:34
13	Oliver Schepisi	1:02:13		M20	0:08:35	0:32:49	0:20:49
14	Matthew Wheeler	1:02:21	Wetherby Runners AC	M20	0:08:55	0:32:53	0:20:33
15	Ben Still	1:02:27	Overoptimists	M30	0:11:14	0:30:52	0:20:21
16	Harry Tarrant	1:02:54		MYouth	0:09:04	0:31:23	0:22:27
17	Lawrence Basham	1:03:03	Ilkley Harriers	M30	0:08:19	0:33:17	0:21:27
18	Andy Wiggans	1:03:20	LBT	M40	0:10:00	0:32:36	0:20:44
19	Team Ashlands Primary School	1:03:22		Team	0:07:47	0:35:35	0:20:00
20	Tom Sessford	1:03:45	Keighley & Craven AC	MYouth	0:10:14	0:34:49	0:18:42
21	Ian Knight	1:03:50		M40	0:09:56	0:33:18	0:20:36
22	Ian Legg	1:04:22	Wetherby Runners AC	M40	0:09:09	0:33:48	0:21:25
23	Stephen Coy	1:04:37	LBT	M30	0:10:33	0:32:32	0:21:32
24	Laurence Doddy	1:04:49	LBT	M30	0:11:34	0:33:15	0:20:00
25	Michael Horsfield	1:04:52	LBT	M30	0:09:45	0:32:13	0:22:54
26	Chris Hirst	1:04:55	LBT	M50	0:08:25	0:33:31	0:22:59
27	Toby Roberts	1:05:12		M30	0:10:45	0:33:08	0:21:19
28	Andrew Nicoll	1:05:25	Bingley Harriers	M40	0:10:01	0:36:05	0:19:19
29	Richard Shelton	1:05:38		M30	0:10:03	0:32:34	0:23:01
30	Ben Rhydding RaCerS	1:05:42		Team	0:09:30	0:32:42	0:23:30
31	The Buddle Boys	1:05:50		Team	0:11:05	0:32:51	0:21:54
32	Horton	1:05:52		Team	0:12:17	0:30:44	0:22:51
33	Dave Mann	1:05:54		M40	0:09:31	0:35:24	0:20:59

34	Ian Rowbotham	1:06:04	Ilkley Harriers	M50	0:10:02	0:35:24	0:20:38
35	David Morley	1:06:15	LBT	M40	0:09:54	0:33:56	0:22:25
36	Paul Harris	1:06:26		M40	0:10:42	0:35:09	0:20:35
37	Kelly Harrison	1:06:35	LBT	F30	0:10:00	0:33:45	0:22:50
38	Matthew Tupling	1:07:03	LBT	M30	0:11:13	0:32:47	0:23:03
38	Trial and Error	1:07:03		Team	0:09:26	0:33:24	0:24:13
40	Emma Hinkles	1:07:32	LBT	F30	0:08:59	0:35:36	0:22:57
41	Peter Waldron	1:07:34		M20	0:09:45	0:36:14	0:21:35
41	Mark Tobin	1:07:34	Wetherby Runners AC	M30	0:10:37	0:35:13	0:21:44
43	Craig Dyson	1:07:36		M30	0:11:16	0:33:01	0:23:19
44	Alasdair Mitchell	1:07:39	Harrogate Nova	M30	0:11:31	0:31:50	0:24:18
45	Mike Aylott	1:07:43		M20	0:09:01	0:37:06	0:21:36
46	Tim Broomfield	1:07:55	NYP Tri	M50	0:11:22	0:33:34	0:22:59
47	Robbie Swift	1:08:04	Skipton AC	MYouth	0:10:25	0:35:45	0:21:54
48	Bill McCaffrey	1:08:35	Valley Striders	M40	0:09:45	0:34:46	0:24:04
49	Simon Handley	1:08:37		M30	0:08:59	0:35:10	0:24:28
50	John Cameron	1:08:43		M40	0:08:56	0:35:47	0:24:00
51	Katherine Coupland	1:08:47	LBT	FYouth	0:07:47	0:38:55	0:22:05
52	Simon Evans	1:08:58		M30	0:08:55	0:36:18	0:23:45
53	Helen Garnham	1:09:03	City of York	F20	0:10:46	0:36:53	0:21:24
53	Chris Unsworth	1:09:03	Ashurst Bike Club	M50	0:09:02	0:34:59	0:25:02
55	Ian Cliffe	1:09:08	Overoptimists	M30	0:13:40	0:33:28	0:22:00
56	David Howe	1:09:14		M30	0:09:26	0:35:42	0:24:06
57	Paul Sowden	1:09:24	Ilkley Harriers	M40	0:09:48	0:36:02	0:23:34
58	Adrian Clarke	1:09:25		M30	0:09:41	0:35:03	0:24:41
59	Michael Brodigan	1:09:34		MYouth	0:08:32	0:37:05	0:23:57
60	John Hodgson	1:09:35		M40	0:09:58	0:37:04	0:22:33
61	Becky Penty	1:09:36		F20	0:09:06	0:41:12	0:19:18
62	Michael Knight	1:09:37	LBT	MYouth	0:08:20	0:33:34	0:27:43
63	Andy Bewell	1:09:41	LBT	M40	0:08:50	0:36:01	0:24:50
64	Adrian Bastow	1:09:59	LBT	M40	0:10:31	0:35:51	0:23:37
65	Simon Higginbotham	1:10:07	LBT	M40	0:11:11	0:37:41	0:21:15
66	Colin McFadden	1:10:14		M40	0:10:17	0:36:12	0:23:45
67	Timothy Brayshaw	1:10:15		M30	0:10:11	0:35:29	0:24:35

68	Simon Jenson	1:10:17	LBT	M20	0:07:12	0:36:13	0:26:52
69	David Brown	1:10:22	Ilkley Harriers	M40	0:11:04	0:37:23	0:21:55
70	Simon Harrison	1:10:28		M30	0:12:04	0:34:49	0:23:35
71	Done For Fun	1:10:40		Team	0:11:24	0:35:25	0:23:51
72	Mark Iley	1:10:55	Ilkley Harriers	M40	0:11:14	0:37:24	0:22:17
72	Corinne Mitchell	1:10:55	Harrogate Nova	F30	0:11:45	0:35:51	0:23:19
74	Lloyd Best	1:11:00	Otley AC	M40	0:13:55	0:36:15	0:20:50
75	Ben Rhydding Ramblers	1:11:09		Team	0:09:30	0:35:26	0:26:13
76	Tony Andryszewski	1:11:14	Wetherby Runners AC	M40	0:11:24	0:36:17	0:23:33
77	Richard Durn	1:11:18		M20	0:10:25	0:37:08	0:23:45
78	Gary Hatch	1:11:22	LBT	M40	0:10:17	0:37:14	0:23:51
79	Martin Humphris	1:11:26		M30	0:10:12	0:35:38	0:25:36
80	Peter Scott	1:11:30		M30	0:08:46	0:35:00	0:27:44
81	Wayne Hampshire	1:11:38		M40	0:11:17	0:36:38	0:23:43
82	Steve Newell	1:11:39	Overoptimists	M40	0:12:04	0:35:17	0:24:18
82	Simon Harrison	1:11:39		M20	0:11:13	0:34:46	0:25:40
84	Central House Panthers	1:11:42		Team	0:10:22	0:36:06	0:25:14
85	Adam Tucker	1:11:44		M30	0:10:35	0:36:27	0:24:42
86	Karen Best	1:11:59	Otley AC	F30	0:12:15	0:36:32	0:23:12
87	Jenni Muston	1:12:05	Shepshed Running Club	F30	0:10:19	0:40:14	0:21:32
88	Freya Jagan	1:12:19		F20	0:09:17	0:38:48	0:24:14
89	Caroline Bell	1:12:49	Triangle Race Team - Bianchi	F30	0:10:21	0:37:39	0:24:49
90	James Bennett	1:12:51		M30	0:07:34	0:39:44	0:25:33
91	Simon Williams	1:13:00		M40	0:11:00	0:36:39	0:25:21
92	Phil Stollery	1:13:17	Calderdale Tri club	M40	0:10:19	0:38:07	0:24:51
93	Jacques Family	1:13:27		Team	0:09:54	0:35:22	0:28:11
94	IL Tri	1:13:30		Team	0:11:46	0:35:53	0:25:51
95	Matthew Field	1:13:41	LBT	M40	0:09:55	0:37:50	0:25:56
96	Garry Clayton	1:13:55	West Yorkshire Police	M40	0:12:37	0:36:36	0:24:42
97	Patrick Garry	1:13:58	Pandatri.com	M40	0:09:25	0:39:14	0:25:19
98	Trevor Hirst	1:14:01		M40	0:11:06	0:39:00	0:23:55
99	LBT	1:14:05	LBT	Team	0:07:59	0:40:08	0:25:58
100	Andy Golborne	1:14:09	LBT	M40	0:11:16	0:36:28	0:26:25
101	Sophie van Berckel	1:14:23		F40	0:10:42	0:37:39	0:26:02

102	Peter Jagan	1:14:37	Bingley Harriers	M60	0:11:42	0:37:33	0:25:22
103	Karl Hemming	1:14:53		M40	0:08:47	0:38:52	0:27:14
104	Peter Brook	1:14:59	Baildon Bridge Badminton Club	M40	0:12:17	0:36:37	0:26:05
105	Richard Shuttleworth	1:15:08		M40	0:11:30	0:38:45	0:24:53
106	Mark Hunter	1:15:10	Valley Striders	M40	0:13:25	0:36:36	0:25:09
107	John Elliott	1:15:12	Overoptimists	M40	0:11:51	0:36:54	0:26:27
108	Jamie Bush	1:15:32		M30	0:11:05	0:37:24	0:27:03
109	Robert Meadows	1:15:37		M40	0:10:18	0:39:20	0:25:59
110	Zdenka Rosolova	1:15:41	Skipton AC	F20	0:11:34	0:40:19	0:23:48
111	Peter Collier	1:15:48		M40	0:11:10	0:39:22	0:25:16
112	The Rice-Birchalls	1:15:55		Team	0:09:33	0:42:58	0:23:24
113	Michael Pickard	1:16:02	Otley AC	M40	0:13:42	0:36:49	0:25:31
114	Ian Castle	1:16:23	LBT	M40	0:15:43	0:36:30	0:24:10
115	James Dale	1:16:26		M40	0:10:36	0:42:08	0:23:42
116	Margaret Jagan	1:16:31		F50	0:10:31	0:42:05	0:23:55
117	Sarah McBrinn	1:16:33	Otley AC	F40	0:09:28	0:41:39	0:25:26
118	Jim Hodgson	1:16:35		M50	0:10:57	0:39:19	0:26:19
119	Chris Dugher	1:16:36	Selby Striders	M30	0:10:46	0:39:32	0:26:18
120	David Acres	1:16:38		M30	0:11:29	0:39:47	0:23:22
121	David Marston	1:16:42		M40	0:12:44	0:37:56	0:26:02
122	Zander Marston	1:16:44		MYouth	0:11:06	0:40:05	0:25:33
123	Peter Hayes	1:16:46	Swimhikers	M40	0:09:59	0:42:20	0:24:27
124	Paul Harris	1:16:50		M30	0:12:31	0:38:54	0:25:25
125	Kirstie Hamilton	1:17:08	LBT	F30	0:09:17	0:37:52	0:29:59
126	Richard Sherington	1:17:10		M30	0:10:59	0:38:45	0:27:26
127	Ream Elliott	1:17:21		Team	0:07:41	0:44:08	0:25:32
128	Richard Annable	1:17:46	Skipton AC	M50	0:10:37	0:40:52	0:26:17
129	Carol Murray	1:17:54	Cleveland Tri	F40	0:10:41	0:41:00	0:26:13
130	Declan Hayes	1:17:55		M30	0:10:16	0:41:11	0:26:28
130	Dirt Wheels Ladies	1:17:55		Team	0:12:25	0:37:37	0:27:53
132	Dawn Morley	1:18:01	LBT	F30	0:11:24	0:39:44	0:26:53
133	Bryan Websdale	1:18:11	Overoptimists	M30	0:10:32	0:40:36	0:27:03
134	Andrew Gilbert	1:18:13	Mersey Tri	M20	0:10:38	0:40:21	0:27:14
135	Alison Weston	1:18:16	Ilkley Harriers	F40	0:13:19	0:39:17	0:25:40

136	Jan Marston	1:18:23		F40	0:11:04	0:39:54	0:27:25
137	Hugo Martin	1:18:27		M30	0:10:56	0:44:35	0:22:56
138	Toby Starr	1:18:43		M40	0:11:21	0:41:20	0:26:02
139	Bart McDermott	1:18:47		M30	0:09:39	0:44:00	0:25:08
140	Peter Chippindale	1:18:57	Overoptimists	M40	0:14:24	0:39:52	0:24:41
141	Paul O'Rourke	1:19:01	NYP Tri	M40	0:10:53	0:40:24	0:27:44
141	Dave Collier	1:19:01	Overoptimists	M50	0:11:57	0:38:22	0:28:42
143	The Dragons	1:19:04		Team	0:12:28	0:41:28	0:25:08
144	Terry Errington	1:19:10		M30	0:13:38	0:40:29	0:25:03
145	Jo Scott	1:19:11		F40	0:11:53	0:39:44	0:27:34
145	David Heels	1:19:11		M40	0:12:17	0:38:14	0:28:40
147	Nick Hoy	1:19:12		M30	0:12:27	0:39:37	0:27:08
148	Jody Harris	1:19:22		F30	0:09:54	0:41:34	0:27:54
149	Janine Pickard	1:19:25		F40	0:11:40	0:39:40	0:28:05
150	Michael John Smith	1:19:43		M50	0:13:28	0:38:55	0:27:20
151	Lois Scott	1:19:45		F30	0:13:03	0:40:33	0:26:09
151	Ben Roberts	1:19:45		M30	0:10:07	0:40:56	0:28:42
153	Michael Bryant	1:19:46		M40	0:13:07	0:41:10	0:25:29
154	Angela Peace	1:19:49	Harrogate Harriers	F20	0:11:11	0:43:05	0:25:33
155	Bonnie Latimer	1:20:02		F30	0:09:47	0:44:42	0:25:33
155	Claire Salter	1:20:02		F20	0:09:17	0:43:23	0:27:22
157	Paul Sessford	1:20:03	Keighley & Craven AC	M40	0:11:39	0:42:29	0:25:55
158	Graham Atherton	1:20:04		M40	0:11:59	0:39:58	0:28:07
159	Martin Campbell	1:20:13		M40	0:11:28	0:41:13	0:27:32
160	Sarah Gordon	1:20:22		F30	0:10:09	0:43:06	0:27:07
161	Damian Cameron	1:20:24		M30	0:12:17	0:40:25	0:27:42
162	Dino Grice	1:20:32		M40	0:11:07	0:39:46	0:29:39
163	Kevin Nicholas	1:20:38	Dragons Sporting	M40	0:13:53	0:41:35	0:25:10
164	Simon Clark	1:20:46		M40	0:12:29	0:39:53	0:28:24
165	Dirt Wheels 2	1:20:48		Team	0:14:52	0:38:18	0:27:38
166	Stagger Forward	1:20:55		Team	0:15:37	0:35:36	0:29:42
166	Ilkley Osteopaths	1:20:55		Team	0:09:25	0:39:17	0:32:13
168	Jonathan Beynon	1:21:17		M20	0:11:10	0:41:56	0:28:11
169	Gareth Lisle	1:21:18		M30	0:09:05	0:43:03	0:29:10

169	Alex Hind	1:21:18	LBT	M40	0:11:55	0:38:31	0:30:52
171	Sarah Robertshaw	1:21:30		F50	0:10:19	0:42:24	0:28:47
172	Carol Shaw	1:21:34	NYP Tri	F40	0:11:57	0:43:43	0:25:54
173	Ian Wood	1:21:45		M50	0:10:04	0:44:38	0:27:03
174	Gaenor Coy	1:21:53	Ilkley Harriers	F30	0:11:19	0:42:52	0:27:42
175	Jess Daly	1:21:55	LBT	FYouth	0:08:43	0:42:42	0:30:30
176	Kathryn Hind	1:21:56		F30	0:11:30	0:44:02	0:26:24
177	Rob Shepherd	1:22:05		M30	0:13:11	0:40:35	0:28:19
178	Bill Hitchcock	1:22:06	NYP Tri	M50	0:09:53	0:40:41	0:31:32
179	Martin Cockerham	1:22:23		M50	0:11:50	0:39:08	0:31:25
180	K3	1:22:29		Team	0:10:48	0:45:06	0:26:35
180	Steve Booth	1:22:29	Overoptimists	M40	0:11:45	0:40:44	0:30:00
182	David Smart	1:22:43	LBT	M60	0:11:07	0:43:55	0:27:41
183	Kirstan Butler	1:22:59		F30	0:10:59	0:42:43	0:29:17
184	Gill McDermott	1:23:00		F30	0:10:50	0:45:33	0:26:37
185	Melanie Walker	1:23:06		F20	0:12:59	0:42:22	0:27:45
186	The MCs	1:23:18		Team	0:11:37	0:45:23	0:26:18
187	Ian Naylor	1:23:24		M40	0:11:36	0:41:18	0:30:30
188	Jim Farmery	1:23:37		M40	0:11:24	0:41:29	0:29:47
189	Ellie Doohan	1:23:40		F30	0:10:39	0:42:46	0:30:15
190	Amanda Sells	1:23:41		F30	0:09:00	0:46:55	0:27:46
191	John Hayes	1:23:45	Ilkley Harriers	M40	0:10:41	0:46:06	0:26:58
192	Alan Douglas	1:23:46		M40	0:10:34	0:44:25	0:28:47
193	Trying	1:23:50		Team	0:12:17	0:47:08	0:24:25
194	Philip Moorhouse	1:24:01	Stadium Runners	M50	0:13:26	0:43:15	0:27:20
195	Richard Stonehouse	1:24:04		M30	0:14:24	0:40:50	0:28:50
196	Phil Normington	1:24:14		M30	0:11:48	0:46:09	0:26:17
197	Lloyd Gregory	1:24:21		M50	0:12:55	0:40:56	0:30:30
198	Clare Howard	1:24:28		F40	0:09:37	0:45:09	0:29:42
199	Andrew Lockwood	1:24:42		M50	0:11:13	0:43:57	0:29:32
200	Tina Dickinson	1:24:45	Horsforth Harriers	F50	0:13:11	0:44:11	0:27:23
201	Simon O'Hara	1:24:52	Overoptimists	M40	0:00:00	0:56:35	0:28:17
202	Melissa Owens	1:24:58		F40	0:09:00	0:46:27	0:29:31
203	Richard Lunt	1:24:59		M30	0:10:09	0:47:44	0:27:06

204	Clare Stonehouse	1:25:17		F30	0:12:44	0:44:44	0:27:49
204	Adrian Gaughan	1:25:17		M30	0:12:24	0:42:35	0:30:18
206	Natasha Babar-Evans	1:25:28		F30	0:12:42	0:44:15	0:28:31
207	Emma Ferriman	1:25:30		F40	0:10:08	0:48:03	0:27:19
208	John Christian	1:25:38		M40	0:13:16	0:43:15	0:29:07
209	Eaton Mess	1:25:50		Team	0:11:47	0:38:03	0:36:00
210	Philip Dyer	1:25:53		M40	0:13:10	0:43:32	0:29:11
211	Will Andrews	1:26:00		M30	0:09:58	0:44:35	0:31:27
212	Bridget Slater	1:26:11		F40	0:13:26	0:42:59	0:29:46
213	Fiona Schneider	1:26:28	Ilkley Harriers	F50	0:11:51	0:45:52	0:28:45
213	David Kilgallon	1:26:28	TheTriathlonCoach.com	M40	0:14:40	0:42:12	0:29:36
215	Chris Waite	1:26:33		M50	0:09:00	0:48:22	0:29:11
216	Ian Edwards	1:26:50	Dirtwheels	M40	0:16:50	0:40:08	0:29:52
217	Lisa Milnor	1:26:51	LBT	F40	0:12:56	0:42:56	0:30:59
218	Deborah Matthews	1:26:52		F40	0:12:05	0:44:01	0:30:46
219	Syd Wakefield	1:27:01		M40	0:11:31	0:41:37	0:33:53
220	Andrew Garside	1:27:13		M40	0:12:54	0:45:23	0:28:56
221	Paddy Harris	1:27:16		F40	0:09:29	0:45:31	0:32:16
222	Charles McKendrick	1:27:44		M30	0:11:46	0:47:40	0:28:18
223	Amanda Macey	1:27:50		F40	0:13:04	0:46:32	0:28:14
224	Sonia Harper	1:27:52		F40	0:13:21	0:44:38	0:29:53
225	Rachel Websdale	1:28:10	Understated	F40	0:11:28	0:45:13	0:31:29
226	Team KiwiPoms	1:28:15		Team	0:15:57	0:44:56	0:27:22
227	Michelle Ferguson	1:28:26		F20	0:12:06	0:47:59	0:28:21
228	Geoff Dalton	1:28:41		M40	0:10:47	0:43:53	0:34:01
229	Brett Bannister	1:28:45		M30	0:12:12	0:49:53	0:26:40
230	Nigel Thompson	1:28:46		M40	0:10:13	0:47:34	0:30:59
231	Joanne Blacoe	1:28:49	LBT	F30	0:13:36	0:44:27	0:30:46
232	Lynne Anderton	1:28:53		F30	0:10:43	0:44:25	0:33:45
233	Kevin Wardale	1:28:57	Ilkley Harriers	M40	0:13:14	0:44:24	0:31:19
234	Jennie Knight	1:29:49		F30	0:10:35	0:47:38	0:31:36
235	Joanne Wardale	1:30:07	Understated	F40	0:12:33	0:46:34	0:31:00
236	Frances Bryant	1:30:17		F30	0:11:31	0:50:02	0:28:44
237	Erica Hiorns	1:30:23		F40	0:11:53	0:52:26	0:26:04

238	Alan Gowans	1:30:29	LBT	M30	0:11:22	0:43:40	0:35:27
239	Rebecca Bardgett	1:30:35		F40	0:12:06	0:48:32	0:29:57
240	Derek Dowlen	1:30:36		M50	0:13:39	0:43:07	0:33:50
241	Sandra Kelso	1:30:48		F40	0:10:53	0:46:03	0:33:52
242	Peter Booth	1:30:52		M40	0:13:36	0:46:16	0:31:00
242	Alun Roberts	1:30:52		M30	0:11:31	0:46:48	0:32:33
244	Stephen Birch	1:31:02		M50	0:14:16	0:45:16	0:31:30
245	Stephen Corbett	1:31:09		M40	0:11:02	0:50:57	0:29:10
246	Emma Livesey	1:31:20		F30	0:13:09	0:46:30	0:31:41
247	Michael Forster	1:31:27	LBT	M40	0:15:03	0:43:39	0:32:45
248	Helen Newbery	1:31:38		F20	0:10:59	0:53:20	0:27:19
249	Chris Spurr	1:31:53		M50	0:14:21	0:47:59	0:29:33
250	Lesley Harburn	1:32:29		F50	0:15:30	0:43:46	0:33:13
251	Sharon Hudson	1:32:41		F40	0:12:40	0:50:21	0:29:40
252	Rosie Wilson	1:33:10		F40	0:12:41	0:51:05	0:29:24
253	Verity Hodgson	1:34:01		F50	0:11:31	0:49:58	0:32:32
254	Team Lois 1	1:34:05		Team	0:00:00	0:00:00	0:00:00
255	Richard Skingle	1:34:10		M30	0:10:22	0:50:14	0:33:34
256	Simon Stockdale	1:34:49		M30	0:13:10	0:49:30	0:32:09
257	Jane Barrett	1:34:56		F30	0:12:21	0:51:00	0:31:35
258	Alex Saint-Marc	1:34:57		F30	0:13:46	0:46:24	0:34:47
259	Sarah Hayes	1:35:00	Ilkley Harriers	F40	0:12:22	0:51:14	0:31:24
260	Karen Pearson	1:35:08		F30	0:10:56	0:53:35	0:30:37
261	Joanne Sutcliffe	1:35:09		F30	0:13:24	0:48:20	0:33:25
262	Simon Elliott	1:35:30		M30	0:12:15	0:54:58	0:28:17
263	Angela Rogers	1:36:40		F50	0:11:20	0:53:48	0:31:32
264	Nicola Saul	1:37:09	LBT	F40	0:11:30	0:52:36	0:33:03
265	Catherine Gregson	1:37:13		F40	0:12:23	0:51:30	0:33:20
266	Linsey Cottrell	1:37:31		F30	0:11:16	0:51:15	0:35:00
267	Sarah Lund	1:37:33		F30	0:13:22	0:54:21	0:29:50
268	Andrew Milnes	1:37:45		M40	0:16:36	0:50:26	0:30:43
269	Tim Heaton	1:37:51		M50	0:21:20	0:46:05	0:30:26
270	Team Anon	1:38:26		Team	0:10:34	0:58:51	0:29:01
271	Cyril Clarke	1:38:33		M60	0:13:36	0:49:54	0:35:03

272	Susan Gregson	1:38:40		F40	0:10:34	0:57:47	0:30:19
273	Team Lois	1:38:42		Team	0:14:04	0:57:19	0:27:19
274	Bob Andrews	1:39:08		M40	0:16:10	0:48:02	0:34:56
275	Eaton Messier	1:39:09		Team	0:12:03	1:02:16	0:24:50
276	Nathalie Bramley	1:40:08	LBT	F40	0:14:57	0:50:35	0:34:36
277	Chris George	1:40:25		M40	0:13:12	0:51:32	0:35:41
278	Suzanne Munroe	1:40:58		F40	0:14:44	0:52:22	0:33:52
279	Anne McCaffrey	1:41:00	Valley Striders	F40	0:13:42	0:52:33	0:34:45
280	Allan Jacobs	1:41:51		M50	0:09:00	0:51:50	0:41:01
281	Robert Geddes	1:42:20		M40	0:11:56	0:56:49	0:33:35
282	Sally Heseltine	1:42:33		F40	0:17:41	0:53:58	0:30:54
283	Helen Webster	1:44:04		F40	0:15:27	0:56:10	0:32:27
284	Peter Rowe	1:44:16		M40	0:11:49	0:39:47	0:52:40
285	Joanna Andrews	1:44:19		F30	0:12:19	0:57:10	0:34:50
286	Emily Mattison	1:44:56		FYouth	0:15:05	0:52:27	0:37:24
287	Katya Horsfield	1:46:50	Craven Energy	F30	0:13:46	1:00:10	0:32:54
288	Rachel Hoy	1:47:28		F30	0:14:14	1:00:39	0:32:35
289	Bernard Garside	1:47:58		M60	0:17:39	0:54:31	0:35:48
290	Janet Sammon	1:48:24		F40	0:11:55	1:02:46	0:33:43
291	Rachel Dillon	1:50:57		F40	0:13:46	1:01:27	0:35:44
292	Andrew Bradley	1:53:19		M40	0:13:53	1:02:06	0:37:20
293	Team Lois 2	1:53:50		Team	0:00:00	0:00:00	0:00:00
294	Felicity Bruce	1:54:14		F20	0:12:10	0:59:02	0:43:02
295	Aileen Moorhouse	2:00:41	Stadium Runners	F50	0:15:16	1:03:06	0:42:19
296	Rachel Pitts	2:01:40		F20	0:15:00	1:08:02	0:38:38
297	Stuart Middleton	2:03:27		M30	0:14:13	0:57:13	0:52:01
298	Jon Scaife	0:00:00		M30	0:11:53	0:41:15	0:00:00
299	Steven Knowles	0:00:00		M50	0:11:37	0:00:00	0:00:00
0	Martin Shaw	0:00:00	NYP Tri	M40	0:08:06	0:32:23	0:21:22
0	Sam Carroll	0:00:00		M30	0:09:00	0:33:37	0:22:12